

# Hart Plain Junior School (September 2024)

Week 1	Monday	Tuesday	Wednesday	Thursday	Friday
<b>WEEK STARTING 2 September, 23 September, 14 October</b>					
<b>MAIN MEAL OF THE DAY</b>	(V) Tomato pasta	Chicken curry with a blend brown and white rice	(V) Handmade margherita pizza whirl	Pork sausages with mashed potato	Baked omega 3 fillet fish fingers in a bap with tomato ketchup
<b>ON THE SIDE</b>	Mixed salad	Garden peas	Mixed salad and tomato pasta	Baked beans	Mixed salad and tomato pasta
<b>BAGUETTE MENU FOR KEY STAGE 2</b>	Sliced ham and lettuce	(V) Grated Somerset cheddar cheese and cucumber	Tuna mayonnaise	(V) Grated Somerset cheddar cheese	Sliced ham and cucumber
<b>JACKET POTATO</b>	(V) Baked beans	(V) Grated Somerset cheddar cheese	Tuna mayonnaise	(Vg) Baked beans	(V) Grated Somerset cheddar cheese
<b>TO FINISH</b>	Freshly baked shortbread biscuit, yoghurt or fruit	Chocolate brownie, yoghurt or fruit	Lemon drizzle cake, yoghurt or fruit	Flapjack, yoghurt or fruit	Chocolate sponge, yoghurt or fruit

Week 2	Monday	Tuesday	Wednesday	Thursday	Friday
<b>WEEK STARTING 9 September, 30 September, 21 October</b>					
<b>MAIN MEAL OF THE DAY</b>	(V) Macaroni cheese with Somerset cheddar	(V) Vegetarian sausage roll with mashed potato	(V) Handmade margherita pizza whirl	Ham carbonara	Baked omega 3 fillet fish fingers in a bap with tomato ketchup
<b>ON THE SIDE</b>	Mixed salad	Baked beans	Mixed salad and tomato pasta	Sweetcorn	Mixed salad and tomato pasta
<b>BAGUETTE MENU FOR KEY STAGE 2</b>	Sliced ham and lettuce	(V) Grated Somerset cheddar cheese and cucumber	Tuna mayonnaise	(V) Grated Somerset cheddar cheese and tomato	Sliced ham and cucumber

<b>JACKET POTATO</b>	Tuna mayonnaise	Grated Somerset cheddar cheese and ham	<b>(Vg)</b> Baked beans	Tuna mayonnaise	<b>(V)</b> Grated Somerset cheddar cheese and baked beans
<b>TO FINISH</b>	Freshly baked shortbread biscuit, yoghurt or fruit	Chocolate brownie, yoghurt or fruit	Lemon drizzle cake, yoghurt or fruit	Flapjack, yoghurt or fruit	Chocolate sponge, yoghurt or fruit

Week 3	Monday	Tuesday	Wednesday	Thursday	Friday
<b>WEEK STARTING 16 September, 7 October</b>					
<b>MAIN MEAL OF THE DAY</b>	<b>(V)</b> Somerset cheddar cheese, onion and potato pasty	Beef bolognese pasta bake	<b>(V)</b> Handmade margherita pizza whirl	Chicken nuggets with mashed potato	Baked omega 3 fillet fish fingers in a bap with tomato ketchup and chips
<b>ON THE SIDE</b>	Baked beans	Garden peas	Mixed salad and tomato pasta	Sweetcorn	
<b>BAGUETTE MENU FOR KEY STAGE 2</b>	Sliced ham and lettuce	<b>(V)</b> Grated Somerset cheddar cheese and cucumber	Tuna mayonnaise	<b>(V)</b> Grated Somerset cheddar cheese and tomato	Sliced ham and cucumber
<b>JACKET POTATO</b>	Tuna mayonnaise	<b>(Vg)</b> Baked beans	Grated Somerset cheddar cheese and ham	<b>(V)</b> Grated Somerset cheddar cheese	<b>(Vg)</b> Baked beans
<b>TO FINISH</b>	Freshly baked shortbread biscuit, yoghurt or fruit	Chocolate brownie, yoghurt or fruit	Lemon drizzle cake, yoghurt or fruit	Flapjack, yoghurt or fruit	Chocolate sponge, yoghurt or fruit

**V** - vegetarian **Vg** – vegan