



# Weekly Newsletter 2025/26



COUNT



CONNECTED



CAPABLE



CONTROL



COMFORTABLE



Changing Chances cc



PROUDLY ACHIEVED THE RAINBOW FLAG AWARD April 2024



MUSIC MARK



SCHOOL GAMES GOLD

courage aspiration integrity respect happiness courage aspiration integrity respect

## Homework

Year 6 have been set online homework.

Years 3,4, & 5 Scode spelling, times table frenzy.

All children should be reading daily at home.

## 2025/26 – Newsletter 4 – 26.09.25

### Dear Parents and Carers

Welcome to This Week's Newsletter!

We're excited to share some updates and upcoming opportunities with you.

#### **Parents' Evening – Wednesday 15<sup>th</sup> & Thursday 16<sup>th</sup> October**

We are pleased to invite you to join us for our one-to-one Parents' Evenings, they will provide you with an opportunity to meet with your child's class teacher to discuss how they are progressing.

In addition, Elizabeth Holland from the Mental Health Support Team will be available on the Wednesday evening between 3:30 and 5:00pm. **Clever Chefs** will also be around for taster sessions at the end of the school day on both days.

Our booking system will be available online from 9:00am on Wednesday 1<sup>st</sup> October. A letter containing all the information you need is attached.

We look forward to seeing you.

#### **Year 4 Visit to the Sustainability Centre**

Year 4 had a fantastic time at the Sustainability Centre in East Meon this week, where they explored our local landscapes and compared them to nearby cities. The children took part in **willow weaving**, **leaf printing**, and discussed the fascinating story of the **Devil's Punchbowl**. They even walked a trail once used by **Roman travellers** along the South Downs!

Although it was a bit chilly up on the downs, the day was thoroughly enjoyed by all and filled with memorable learning experiences.

Wishing you all a lovely weekend!

Charlotte Faithfull, Headteacher

## Attendance

Thank you for your support with attendance.

Class	Attendance	Lates
Anning	97.8%	6
Hawking	99.4%	3
Nightingale	95.8%	1
Jenner	96.0%	2
Peake	91.5%	4
Darwin	95.3%	0
Franklin	85.7%	0
Potter	92.7%	1

Please ensure the children are in school every day and ready to learn. They can enter their classroom from 8.30am for 8:45am.

## What's going on in The Hub

Thursdays – 8:45-10:15

- 2 Oct – Bacon roll and walk to the Park
- 9 Oct – Balloon Bowls
- 16 Oct – MHST Visiting
- 23 Oct – Pumpkin Carving
- 30 Oct – Half term Holiday

## Letters Home

Please see the following correspondence attached to the covering email:

- Parents' Evening
- Year 5 visit to Jubilee Park

## Upcoming Dates

Every Thursday morning 8:45am

Online Safety Information Session  
 Visit to Jubilee Park – Year 5  
 Parents' Evening  
 Bikeability for Year 6  
**Inset Day**  
**End of Autumn Term 1**  
**First Day of Autumn 2**  
 Christmas Pantomime  
**Last day of Autumn 2**  
**First day of Spring Term**  
 Young Voices visit to The O2

**Joint HPIS & HPJS Coffee Morning @ the Family Hub in the Junior School**  
 Wednesday 1<sup>st</sup> October 4:00 – 4:45  
 Monday 6<sup>th</sup> October  
 Wed/Thurs 15<sup>th</sup>/16<sup>th</sup> October  
 Thurs/Friday 16<sup>th</sup>/17<sup>th</sup> October  
**Monday 20<sup>th</sup> October**  
**Friday 24<sup>th</sup> October**  
**Monday 3<sup>rd</sup> November**  
 Friday 19<sup>th</sup> December  
**Friday 19<sup>th</sup> December**  
**Monday 5<sup>th</sup> January**  
 Monday 23<sup>rd</sup> February

## Macmillan Coffee Morning at The Hub

A big **thank you** to all the parents and staff who donated, baked, and supported this week's coffee morning. Your generosity and kindness were truly appreciated, and it made the morning a great success.

**Sarah Atkins, Family Support Worker**



## Keyboard Lessons

We would love to offer keyboard lessons in school.

The following information may help you decide:

- Lessons will be taught during the school day in small groups with between four and six children in each.
- There will be approximately 33 lessons across the academic year at a cost of around £240 per child. This equates to around £7.28 per lesson, which is extremely good value.
- If your child is given a place for lessons, they are required to commit to regular attendance and practice. In addition, they may not give up their place within that year.
- School is able to provide the keyboard for lessons.

If your child is interested in keyboard lessons, please contact the school office or send us an email at [adminoffice@hartplain-jun.hants.sch.uk](mailto:adminoffice@hartplain-jun.hants.sch.uk).

We look forward to hearing from you!



## Boost their HYDRATION & DEVELOPMENT

Cool Milk

Our school works with Cool Milk to provide fresh school milk

FREE FOR UNDER 5S | SUBSIDISED FOR OVER 5S\*

- Calcium for strong bones and teeth
- Protein for muscle repair and growth
- Vitamin B12 to boost the immune system
- Vitamin B2 to aid energy release
- Potassium to regulate fluid and blood pressure
- Phosphorus to strengthen bones and generate energy in the cells
- Iodine to support healthy cells and metabolism



Don't let your child miss out!  
Register online today at [www.coolmilk.com](http://www.coolmilk.com)

\*Free milk for under 5s is subsidised by the Department of Health and with 5p top up is subsidised by DfES.  
\*Over 5s is subsidised by DfES. School-based free school meals are eligible for free school milk.  
Please speak to the school for details.





**Active8 Minds**  
Sport & childcare specialists

**Where Every School Day Starts &  
Ends with Fun & Friendship!**

## Hart Plain Wrap Around Care

### DAYS & TIMES & COSTS

Monday - Friday

Breakfast Club: Opens 7.30am > £6.50 (Includes a light breakfast)

After School Club:  
> 4.30pm Collection - £6.50  
> 6pm Collection - £11.50

**CONTACT NUMBER** 07762992269

### TIMETABLE

Every day, children will have the chance to participate in a range of sports and team games, or tap into their creativity through art and craft activities. For those looking to unwind after school, we offer a 'chill zone' with board games and LEGO to relax and enjoy some downtime!



01243 696580

bookings@active8minds.co.uk

www.active8minds.co.uk

**OFSTED NUMBER** :EY27298278



**COMING SOON**

est. 2015.

**CLEVERCHEFS**

*Passionate foodies*

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MULTI AWARD WINNING CONTRACT CATERERS UK

## SEND Health & Wellbeing Fayre

**START**  
10AM-2PM



**FREE**  
ENTRY

**CONNECT • EXPLORE • SUPPORT**

**8<sup>th</sup> October** | **Horizon Havant**  
**Wednesday** | Civic Centre Rd,  
Havant, PO9 2AY

Explore up to 20 local exhibitors sharing support, advice, and resources - all tailored for SEND families and individuals.

**-horizon-**

**October 2025**

**HAMPSHIRE**  
**PARENT CARER**  
**NETWORK**  
enabling voices to be heard



### Get Togethers



**2nd October, 10-12pm: Fleet Get Together** - Fleet Town Football Club, Crookham Road, Fleet Hampshire GU51 5FA -

**8th October, 10-12pm : Basingstoke Get Together** - The Viables Craft Centre, 19 The Harrow Way, Basingstoke RG22 4BJ **\*\*SENDIASS ATTENDING to offer 1:1 support\*\***

**14th October, 10-12pm: Havant Get Together** - Horizon Havant, Civic Centre Road, Havant, Hampshire, PO9 2AY

**21st October, 10-12pm: Eastleigh Get Together** - St Francis Hall, Nightingale Avenue SO50 9JH

**22nd October, 8-9pm: online Evening Get Together** - - Meeting ID: 890 6612 2644 Passcode: GT

- Connect with other parent carers
- Relax over a cuppa in a friendly, non-judgemental space
- Share experiences & local issues
- Give feedback on services supporting your children & young people

This month Hampshire SENDIASS will be attending the **Basingstoke** session. They will be available to offer 1:1 time to discuss your personal journey and will offer in the moment guidance to help your young person 0-25.

**Hampshire**  
**SENDIASS**

For more information please  
contact: [participation@hpcn.org.uk](mailto:participation@hpcn.org.uk)

## Signposting

Please note from time to time we signpost families to local activities and clubs. Whilst we are selective in what we send out, this should not be seen as a recommendation or endorsement. We do not carry out the same checks for signposted activities as we would for those activities hosted with the school and parents should therefore satisfy themselves that they are happy with the organisation and their activity.

## WHAT OTHER PARENTS HAVE SAID...

*The strategies I've learned have been so useful to us as a family.*

*Have noticed a big change in myself and us as a family. We have the tools to help and feel more confident.*

*The NVR course has proved invaluable to me. I embarked on it with nowhere else to turn. It changed my attitude and mind-set.*

*Have been using the strategies learnt on course which have been amazing at de-escalating my child.*

*I am more able to manage their behaviour and my own emotions.*

*Whilst outbursts are still present, they are at specific times, are shorter, and we feel united in dealing with it.*

If you are interested in this course, please contact your Parent Support Advisor.

Children's Wellbeing Service  
General enquiries: 01329 281890

# Children's Wellbeing Service



## Non-Violent Resistance (NVR)

Information leaflet for parents, carers and professionals



## WHY?

Many parents are experiencing that their children are trying to control them, sometimes to the extent that the children become physically or verbally aggressive towards them.

Parents and professionals often find that their usual strategies do not work. They try shouting, threatening, and punishing the child which causes stress and escalation leading to aggressive behaviours.

When parents opt for reasoning, persuasion or giving in, this also tends only to continue the vicious cycle of escalating behaviour.

Parents often comment that they have tried everything and nothing has worked resulting in them feeling hopeless and stuck.

You are not alone! Many parents struggle with this, and NVR can offer some great ideas to help.

## WHAT?

Non-Violent Resistance or New Authority, which it is also known by, is a way of working with parents and their support network in a very specific way to help manage and reduce their child's aggressive and controlling behaviours.

It encourages parents to take an active role and reclaim parental presence with their children allowing them to feel more in control of their time, their home and themselves.

Research shows that the NVR approach can be more effective with teenagers than other programmes.

The group will work together, learning about the strategies and how they can be used in your own family.

The group is a safe and supportive place to be, after the course parents could form their own support group with other members of the course.

## WHO?

Any parents/carers with a child who exhibits controlling, physical or verbal aggression and violent behaviours.

If there are two parents, it would be ideal if both are able to attend to help with consistency within the home.

The course runs for 9 weeks, the next scheduled date runs:

**Friday 26<sup>th</sup> September to 28<sup>th</sup> November 2025**  
09.30am – 11.30am

*Term time only (no session on 31<sup>st</sup> October).*

at

**Sharps Copse Primary School**  
Prospect Lane  
Havant PO9 5PE  
023 9248 4545