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Friday 24th October 2025

Dear Parents and Carers,

Year 6 Cake Tasting & Baking Permission November 2025

In design and technology, as part of our World War II topic, we will be making war-time recipes. After half term, we will be tasting two different kinds of cakes in order to compare the taste of them, with and without sugar. This is because sugar was not readily available during war-time rationing and many recipes had to use alternatives. Therefore, we will be tasting two kinds of carrot cake to compare the taste and texture, the details of these products are below.

The first are carrot mini-loaf cakes.



Ingredients

Soft Cheese Frosting (34%) [Sugar, Full Fat Soft Cheese [Full Fat Soft Cheese (**Milk**), Stabilisers (Xanthan Gum, Guar Gum), Salt, Acidity Regulator (Citric Acid), Preservative (Potassium Sorbate)], Unsalted Butter (**Milk**), Skimmed **Milk** Powder, Palm Oil, Rapeseed Oil, Water, Preservative (Potassium Sorbate), Emulsifier (Mono- and Diglycerides of Fatty Acids)], Fortified **Wheat** Flour [**Wheat** Flour, Calcium Carbonate, Iron, Niacin (B3), Thiamin (B1)], Sugar, Rapeseed Oil, Carrots (9%), Pasteurised Whole Egg, Invert Sugar Syrup, Sultanas (4%), Humectant (Glycerol), Cane Molasses, Raising Agents (Diphosphates, Sodium Carbonates, Calcium Phosphates, Potassium Carbonates), Mixed Spice [Coriander, Cinnamon, Ginger, Cardamom, Cloves, Fennel, Nutmeg], Cinnamon, Emulsifiers (Polyglycerol Esters of Fatty Acids, Mono- and Diglycerides of Fatty Acids), Dextrose, Modified Maize Starch, Preservative (Potassium Sorbate), Colour (Plain Caramel), Flavouring, Acidity Regulator (Citric Acid), Stabiliser (Xanthan Gum), Salt, **Milk** Protein, Pea Protein, **Soya** Protein Isolate, Whey Powder (**Milk**), **Soya** Flour

The second will be a war-time recipe which included the following ingredients: flour, butter, eggs, carrots, dates, cinnamon, sunflower oil, baking powder and baking soda.

Then, during the week beginning Monday 8th December, we will be baking our own World War II inspired cakes using the same ingredients as above.

Due to new laws around food labelling, we must have individual permission for children to consume these products. In order to allow your child to take part in the tasting activities, please complete the [online form](#). If we do not receive permission, then we will not be able to allow your child to take part.

Yours sincerely,

Miss Jones, Mr Pinder & Mrs Hahn
Year 6 Team